

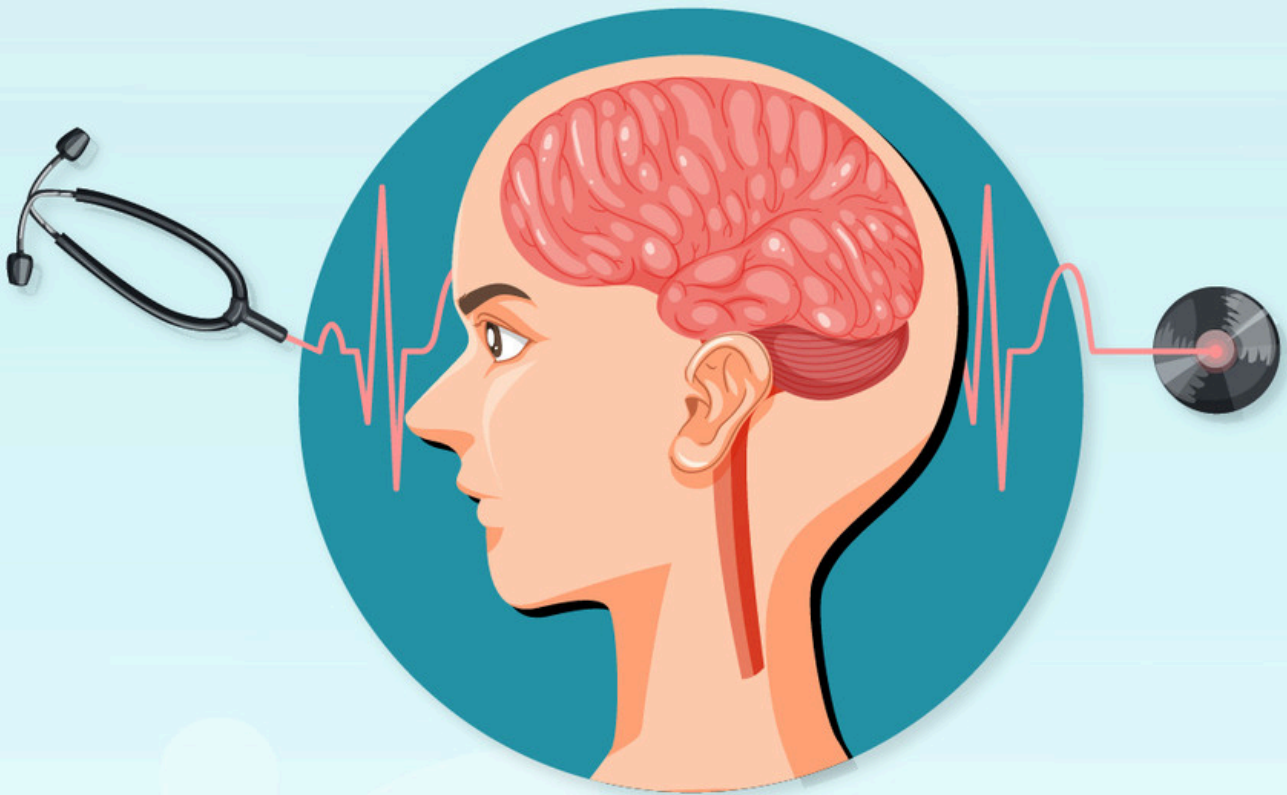


# World Mental Health Day 2022

World Mental Health Day is marked every year on October 10 as an international day for global mental health education, awareness, and advocacy against social stigma.

<http://benecarehospital.com/>

Mental Health: stop exclusion, dare to care.  
Your mind is important to your  
health more than any wealth



**WORLD MENTAL HEALTH DAY**  
— OCTOBER 10 —

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