



4 HOT TIPS FOR A SUSTAINABLE SEX LIFE & ECO-FRIENDLY SEX TOYS @SexyLiving

In 2022, we've all had a little more time to think about our environment, be it the four walls around us while we've been stuck at home or all of the other environments that we surround ourselves in. As a result, a lot of us have really had a lot of thoughts about our planet, sustainability, and the oncoming climate crisis. So, while we're all out there looking for hot tips to lead more sustainable, eco-friendly lifestyles, here are a few from us to you for some fun in the bedroom that are also great for the environment!



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1. Opt for Eco-Friendly Condoms

Condoms, being an incredibly important barrier method for people to have safe sex and protect themselves from STIs and more, are unfortunately not as sustainable as we wish they could be. Since condoms are thin sheaths of stretchy melted plastic, they can, unfortunately, put a lot of toxins in the environment during manufacturing and be hazardous work for workers who are often underpaid, overworked, and aren't always given enough protective gear. Here are some of our top picks for ethically made, sourced, and less environmentally impactful condoms.

Glyde: Glyde condoms are highly recommended condoms that are certified ethical, vegan, and fair-trade! Made from sustainably grown, non-GMO natural rubber that's sourced from worker-owned and operated producers with fair-trade and labor practices, the condoms are also casein-free making them vegan.

Sustain Natural Condoms: Sustain is another alternative to regular condoms that are non-GMO, vegan, fair trade, and made from natural latex. The rubber is sourced from a Forest Stewardship Council–certified plantation in southern India that provides free medical facilities for workers and schools for their children. Free of dyes, fragrances, and nitrosamine, Sustain is also a little more “vagina friendly”.

2. Buy Local, Organic, Eco-Friendly Lubricants

The first tip you always hear about when it comes to sustainability and eco-conscious living is to buy local and buy organic. And luckily, there are some amazing locally made organic and eco-conscious lubricants for you to choose from. We know some people choose coconut oil as their go-to lubricant, which is eco-friendly, but it's important to remember it's not latex-compatible and will break down condoms. Here are some of our favorite condom safe eco-friendly lubricants:

Sliquid: If you've ever heard of Sliquid you know that their vast selection of lubricants is top-notch! All of their lubricants are 100% cruelty-free and vegan, and never have glycerin or parabens which are bad for the environment and your genitals. Glycerin acts like sugar in the body often leading to yeast infections for some, and parabens have been repeatedly linked to cancer and are prohibited in many other more regulated markets. Sliquid has a whole variety of water-based, [silicone-based lubricants](#), and oil-based lubricants that are perfect for any occasion in the bedroom, and offers a line of organic lubricants as well!

Uber Lube: If you're looking for a silicone-based lubricant we can't recommend Uber Lube's body-safe, vitamin E-enriched formula for a great time! Uber Lube, although not compatible with most sex toys, has amazing longevity that doesn't get sticky, perfect for rough sex, long penetration sessions, or anal sex. Uber Lube is also vegan and cruelty-free, and it's also free of gluten, glycerin, parabens, scents, and flavors so it's safe for sensitive genitals and it's oil-free so it's completely condom safe!

Sutil: For another body-safe, water-based lube, Hathor's Sutil brand is an amazing local choice! Hathor is a family-owned company out of Vancouver that makes a variety of natural products featuring plant aphrodisiacs. Sutil is really gentle, pH balanced, hypoallergenic, paraben, and glycerin free, and stays slippery for a long time. It also comes in biodegradable packaging making it the perfect eco-friendly lubricant.

3. Big on the environment and your pleasure? Biodegradable Sex Toys are for You!

Now for the tip, we're really excited about! Biodegradable sex toys offer sustainable alternatives while providing eco-friendly features to help make the world a little greener! Here are some of our absolute favorite options for biodegradable sex toys hot on the market right now:

Blush Gaia: The Blush Gaia series has a variety of vibrators that come in all different shapes, colors, and sizes in a perfectly biodegradable package. They're battery-operated, but as long as you dispose of your batteries safely and recycle your toy they're in the clear! Blush Gaia toys are made from bio-based plastic that safely decomposes during recycling providing a better alternative to the commonly used ABS plastic.

Womanizer Premium Eco: Womanizer has gone above and beyond when it comes to environmentally sustainable sex toys with their newest toy, the Womanizer Premium Eco. The Premium Eco is made from biodegradable renewable material based on bio-plastic that will decompose during recycling. And it also has plastic-free packaging too! Additionally, Womanizer has gotten the home run by partnering with onetreeplanted.org to plant one tree for every purchase of a Womanizer Premium Eco. The choice is yours, and sustainability is in!

Glass & Metal Sex Toys: If you've never seen glass or metal sex toys, they are definitely worth inspecting! Because glass sex toys are often hand-blown, there are so many amazing local artists making them in unique beautiful varieties and colors! And toys made of metal or glass can be recycled properly and since they are non-porous and don't break down; basically provide you with a toy for life! And we know what you thinking - will glass sex toys break? And to that, the answer is no, but feel free to check out this article all about [Glass Sex Toys](#) to cover all your basics and questions about them.

4. Ditch the Batteries & Switch to Rechargeable Sex Toys

If the toys above aren't exactly in your wheelhouse, and since batteries aren't great for the environment, instead consider upgrading to a rechargeable toy! Toys that are rechargeable can also be convenient and provide some other benefits too like a longer life span than battery-operated toys resulting in less waste.

They're also usually stronger, quieter, and fully waterproof so you can make some hot steamy self-love during your next self-care bath. For example, the Please Wave from Please Toys is a completely waterproof, body-safe silicone, rechargeable ultra-flexible vibrator perfect for massaging your G-spot! Its gentle ridges provide an amazingly smooth ride and its soft flexible silicone is perfect for finding all of those sweet spots inside and out!

[Wholesale Sex Toys Montreal](#) – Sexy Living is dedicated to providing the fastest shipping, cheapest prices, & most diverse sex toy brands in the Canadian wholesale sex toy industry. Sexy Living is a West Coast-owned & operated business that was established in the early 2000's. Sexy Living was the first big wholesale sex toy eCommerce distributor. We have the technical experience of 20 years of fulfilling sex toys for brick & mortar, online retailers, & others in the industry.