



How To Help Your Child Deal With Death of a Loved One

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 How to help your child deal with death of a loved one

- Tell the child about the permanence of death and cycle of life.
- Let them express their emotions freely. 
- They will be asking many questions do not ignore them.
- Give your child a role such as serving water or food during the rituals.
- Let the kids talk among themselves.
- Reassure them that it is ok feel sad and pain. 

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