



# Comprehensive Dry Eye Center Jacksonville, FL: Florida Eye Specialists

Dry eye syndrome, a common condition impacting millions globally, is defined by insufficient tear production or rapid evaporation of tears. It has the potential to affect individuals of all ages and genders, with women more frequently experiencing its effects. We recognize the difficulties caused by dry eye at Florida Eye Specialists and provide specialized care at our dedicated [Dry Eye Center Jacksonville, FL.](#)



Comprehending the condition of Dry Eye:

Dry eye syndrome can present in different ways and may be caused by factors like getting older, surroundings, drugs, or other health problems. Symptoms can vary from occasional blurriness and a gritty feeling in the eyes to stinging inflammation, and increased sensitivity to light. If not taken care of, dry eye can cause major discomfort and impact day-to-day tasks.

The center is dedicated to treating Dry Eye conditions:

We are pleased to announce the opening of a cutting-edge Dry Eye Center of Excellence at our San Marco and Ponte Vedra offices, led by Dr. Kimberly Riordan and her skilled team. We use advanced diagnostic technologies to accurately evaluate tear production and eye health, guaranteeing precise treatment customized to the needs of every patient.

Approaches for diagnosing a condition:

The process of diagnosing dry eye includes a detailed assessment, which includes measuring tear production and using specific eye stains to evaluate the surface of the eye. Our state-of-

the-art diagnostic equipment helps us pinpoint the underlying reasons for dry eye, leading to successful treatment plans.

New and creative treatment choices:

The Dry Eye Center offers a variety of treatments aimed at relieving symptoms and enhancing eye health.

Microblepharoexfoliation (ABmax): an intensive cleansing technique that focuses on inflammation in the eyelids and lashes, which is frequently linked to blepharitis, a leading cause of dry eyes.

Intense Pulsed Light (IPL): Intense Pulsed Light (IPL) is used for treating meibomian gland dysfunction by decreasing inflammation and improving tear quality.

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Lipiflow Thermal Pulsation: Lipiflow Thermal Pulsation provides focused warming and soft massaging to clear meibomian glands, reinstating normal lipid secretion in tears.

Moisture Chamber Goggles: Moisture Chamber Goggles are designed to produce a moist area surrounding the eyes, offering comfort and supporting the healing process.

ProKera Therapeutic Device: The ProKera Therapeutic Device is a biological corneal bandage that promotes healing and decreases inflammation, providing relief for individuals with severe dry eye conditions.

Artificial tears and gels: Artificial tears and gels help by adding moisture, offering instant relief from dry eye symptoms.

Punctal plugs: Punctal plugs are small, biocompatible instruments placed in tear ducts to retain natural tears and improve eye lubrication.

Anti-inflammatory eye drops: Anti-inflammatory eye drops, such as cyclosporine, aid in controlling chronic inflammation by targeting the root issues of dry eye.

Individualized approach to treatment:

Here, we place importance on individualized care by customizing treatment plans based on each patient's specific condition and lifestyle. Our goal is to address the particular causes of dry eye to interrupt the pattern of irritation and swelling, ultimately supporting overall eye health in the long run.

If you have signs of dry eye like blurred vision, eye irritation, or sensitivity to light, make sure to reach out to our Dry Eye Center in Jacksonville, FL, without delay. Under the guidance of Dr. Kimberly Riordan and with the help of a caring team, we provide cutting-edge solutions for dry eye treatment to enhance your eye comfort and vision. Book a consultation now to begin your path to healthier, happier eyes with [Florida Eye Specialists](#).