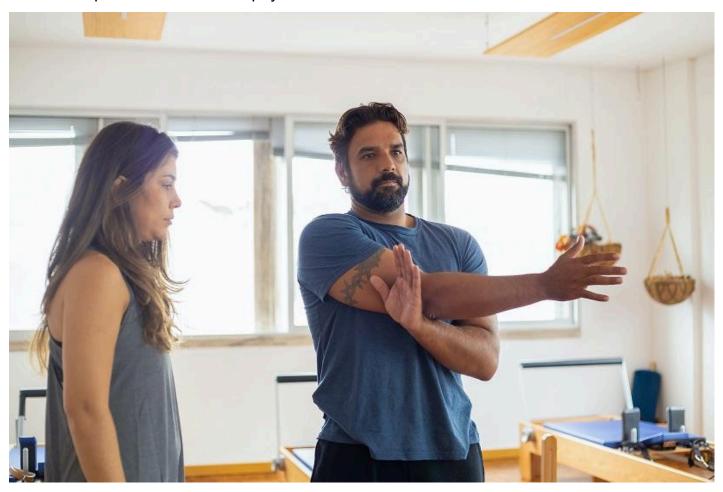


Rihab Pilates

Rihab Pilates is a physiotherapy clinic in Dubai that specializes in treatments for orthopaedic, neurological, and post-operative conditions. They provide a wide range of rehabilitation services to patients with various physical disabilities.



is one of the leading physiotherapy clinics in Dubai that specializes in treatments for orthopaedic, neurological and post-operative conditions. They provide a wide range of rehabilitation services to patients with various physical disabilities.

An effective way with a unique set of workout programs for rehabilitation of patients post surgery or a major injury. It is designed keeping in mind the specific injury type and physical needs of patients after a careful assessment by a physiotherapist and professional pilates instructor. Pilates follow a holistic approach where patients need to be fully aware of their body movements. With self-awareness and better coordination, pilates can be beneficial in the following:

- Recovery Post surgery or major illness like cancer, heart issues, paralysis etc
- Recovery post COVID
- Sports injury recovery

 Helping senior citizens get back on their feethttps://physiotherapyatchangemee.com/services/