



Teeth aren't precious until you smile

Fix your tooth



Teethos Dental Clinic

Preventive dental care requires only minimal steps to avoid the serious problems occurring with your teeth and gums. Brushing and flossing every day will benefit your oral health but there are areas where your brush can't reach. here comes the role of a dentist. Your dentist will surely identify and [treat your dental problems](#). if you don't visit a dentist you will later end up with serious dental complications that can lose your natural teeth once you lose your natural teeth you will lose your capacity to chew and have natural functions which may also cause gum diseases oral cancer diabetes and kidney diseases. Treat your tooth from Teethos dental clinic near Kakkanad.

Lack of dental care will decrease your confidence to smile.it will visually appear on your teeth on time. Problems like tooth decay and gum diseases can lead to the disconnection of teeth which may become yellow n color. Teeth loss, tooth damage, and bad breath. these dental problems can impact your confidence level and make you feel insecure about your appearance. So it is very essential for regular [dental care](#) they can prevent every dental problem. Every people avoid spending costly treatment such as regular checkups and cleanings as an unnecessary expense but in reality, skipping them can lead to a costly procedure later on.

I had a patient who had a simple cavity problem. It was an inexpensive procedure he left it unchecked. Later on, this problem grew into a serious one. And he had to go through a costly root canal procedure from our clinic(Teethos dental clinic near Kakkanad). So make your dental care a part of your positive lifestyle maintaining good dental hygiene leads to living a positive and healthy life. taking care of your health is nothing much important as empowering. It provides you with a peaceful mind reduces stress and saves your time and money. regular dental checkups will check for your cavities tartar buildups, plaque, etc. can be examined and treated accordingly. Treatment at the right time prevents issues like tissue swelling, redness, the layer of bacteria, and signs of cancer. [contact Teethos](#) dental clinic near kakkanad to learn more about proper dental care.

Book an appointment on Holidays at  +916238129325