

## **Best Motivational Interviewing Training**

Many resources are available, both online and in person, to help people learn how to recognize the warning signs of suicide and take steps to prevent it. Join our professional team by participating in our motivational interviewing training based on research and real-world experience in suicide prevention and intervention, mental health education, and counselling. The training is cheerful, considerate, and open to all, valuing each person for who they are and tailoring its approach to their specific needs. Participants in these <u>suicide awareness</u> <u>Brisbane courses</u>, which may be taken at their speed, get the knowledge and skills they need to counsel those close to them better if they notice.