



What Is Pediatric Dentistry?



Pediatric dentistry provides age-defined dental solutions for infants and children through adolescence, including those with special health care needs. Pediatric dentists are well qualified to perform a wide variety of dental processes in children. They have an in-depth understanding of child psychology that helps them deliver and handle highly effective dental care.

They ensure the child gets a pleasant experience during his visit to the dentist. The first dental visit of a child has to begin at 8 to 12 months. Pediatric dentistry helps children to remain disease-free throughout their lives. It oversees the smooth transition from milk teeth to a healthy set of permanent teeth.

Dental Procedures

Pediatric dentistry involves:

- Preventive care for palate children and cleft lip
- Minor orthodontic corrections
- Pediatric root canal therapy
- Composite and amalgam fillings for primary teeth

Preventative care is the most vital part of dental care. Here, the dentist trains the child on proper brushing and flossing of teeth, cutting the risk of dental issues, promoting good eating habits and hygiene. Pediatric dentistry also addresses bite problems or future tooth alignment.

It also offers suggested preventive measures to reduce expensive and extensive orthodontic treatments at later stages.

Teething and Baby Bottle Tooth Decay

When babies' teeth emerge between six months to three years, they experience sore gums and other discomforts. Here, pediatric dentists advise parents on reducing the discomfort and advise them on proper cleaning techniques. Caring parents sometimes treat their babies with a bottle of juice or milk at bedtime.

The sugars present in them are accumulated around the baby's gums and teeth, feeding the bacterial plaque. Frequent and repeated contact decays the teeth of the child. To stop this scenario, just fill bottles with water. Do not offer a bottle of milk at night. Wean the bottle from children aged 12 to 14 months.

At **CityDoc's** [pediatric urgent care](#), we put great effort into caring for a sick child. CityDoc is one of the leaders in urgent care services in North Texas and is here for you. We provide 24/7 access to board-certified physicians for all non-emergent illnesses. Visit **www.citydoc.net** for more information.