



# Top 10 Things You Can Do With Your Android Smartwatch



Smartwatches are a craze these days. There is no denying that! But why? What makes them a popular choice among all. Be it kids or adults, be it men or women - you will see people of all ages and gender flaunting their android [Best Smart Watches](#). It doesn't matter what the occasion or event is, a [Best Smartwatch](#) has become a fashion accessory that goes with all types of apparels. But we are sure that the reason behind their popularity goes beyond the styling needs. They offer a wide range of features that allow you to take charge of your life. Today, we are going to talk about 10 such things that make a touch watch a must-have these days.

## 1. Alarms, weather forecasts and news updates

A smartwatch does way more than just telling you date and time. You can set up alarms, get real-time weather updates and even get news updates on your wrist.

## 2. Stay connected

You can pair your latest [smartwatch](#) with your phone and get all the notifications from your social media directly on your wrist. This way you are guaranteed to never miss any update.

### **3. Check heart health**

Smartwatches come with a heart rate monitor that helps you continuously monitor your heart health. You can even use this feature to find your exercise sweet spot.

### **4. Monitor your exercise**

Android smartwatches support multiple sports modes that allow you to closely monitor and optimize your physical activity. This data helps you keep a track of your fitness levels and helps you make decisions that affect your fitness journey.

### **5. Sleep health**

Sleep is an important component of your lifestyle that impacts our health. Unfortunately, the current lifestyle has disturbed the sleep cycle of so many people. But if you are someone who is keen on maintaining a healthy sleep cycle then a smartwatch can come in handy as it gives you data on your various sleep stages. You can use this data to maintain sleep hygiene.

### **6. Stress monitors**

Stress is not good for your health - you all know that. Many latest smartwatches come loaded with a stress monitor that keeps a check on your stress levels and also provides you with guided breathing support to calm down and rewind.

### **7. Make/take calls on the go**

This is an amazing feature of android smartwatches. Now, you can easily take/make calls using our smartwatch. This is a great feature to have in situations where you are stuck and cannot access your phone.

### **8. Reminders for active lifestyle**

Another interesting feature of many smartwatches is that you can even set up hydration or sedentary reminders to live an active lifestyle. This is a great feature to have in a [smart watch for girls](#) and boys who live a hectic lifestyle.

### **9. Take charge**

The touch watches give you the freedom to stay on top of many things - be it your health or updates. You can pair your watch with your phone and take charge of the camera and music. This gives you a hands-free experience.

## 10. Look stylish

Last but not the least, smartwatches look extremely stylish. They even come in many colors and different sizes that you can choose from. You can even set up customized watch faces that suit your mood, OOTD or the occasion!

Reading through all these benefits must have made you want to buy an android watch for yourself! Let us help. Here is a list of some of the [Best Smartwatch in India](#) that you can buy right now:

### **boAt Xtend**

A great smartwatch for android phones that comes loaded with many interesting features. The 1.69" large square display features capacitive touch and it automatically adjusts the brightness of the screen. You can use it to monitor your health in real time and even take charge of your phone's camera and music. You can also enable alexa voice assistant on the watch and set up reminders and alarms.

The watch is 5ATM water resistant, so feel free to wear it anywhere and everywhere.

### **boAt Cosmos Pro**

Light up your world with this sleek and stylish latest smartwatch. The 1.78" AMOLED display is the best-in-class display in its segment. It features 700+ active sports modes and supports various monitors to keep a check on your heart rate, spO2 levels and so on. This smartwatch also supports bluetooth calling. It is also equipped with fast charging that allows you to get 100% charge within 30 minutes. The watch supports an IP68 water and dust resistance rating.

### **Fire Bolt Visionary**

This smartwatch features a 1.78" AMOLED display that makes everything appear clearer and brighter. The bluetooth calling feature comes in handy when you want to take/make urgent calls but cannot access your mobile phone. The watch also features many health and fitness related features like heart rate monitor, SpO2 monitor and sleep monitor.