



## 8 Treatment Options for Hyperpigmentation

A smooth, soft skin is a sure way to look attractive. Women and men from all over the world go to lengths to retain a flawless skin tone. However, there are circumstances which leave noticeable dark marks on the skin. This is where the best cosmetic dermatologist for skin pigmentation can be the perfect solution.

When dark skin patches are formed on the skin it is called Hyperpigmentation and is a medical condition. These are caused by abnormal production of melanin in the body. There are various factors that can cause Hyperpigmentation, such as hormone imbalance, damage from the sun or even scars from bouts of acne. Tens of thousands of men and women suffer from this problem every year.

If you notice the signs of Hyperpigmentation and darker skin patches on your skin, then it is highly advised to search for the top ranked cosmetology clinic in Hyderabad.

Here are the top 8 [treatment options for Hyperpigmentation](#) which are available at the best medical cosmetologist for skin pigmentation treatment in Hyderabad.

### 1 – Skin Lightening Creams

Several different skin lightening creams are available in pharmacies or medicine shops. These have specific ingredients that help to control abnormal pigmentation in skin. Although most of these creams are sold as Over-The-Counter topical medications, there are other stronger skin lightening creams that are sold through prescription of Hyperpigmentation treatment in the best [cosmetic clinic in Hyderabad](#).

If you are suffering from age spots or melasma, then these skin lightening creams are effective to even the skin color.

### 2 – Facial Acid Treatment

Facial acids, also known as skin acids, effectively exfoliate (remove) the topmost layers of the skin which suffer visible damage. After the top layer of the skin is removed using facial acid treatment, it is naturally replaced by smooth, healthy skin. This makes the skin look smoother and gives you an even skin tone.

People with fair skin types are advised to use facial acid treatment by the best medical cosmetologist for skin pigmentation treatment.

### 3 – Retinoids

Retinoids are made from vitamin A and one of the most conventional forms of treatments for skin pigmentation. Retinoids work by seeping into the lower layers of the skin and treating the damaged skin cells. Although there are Retinoids that can be bought as Over-The-Counter medications, you can buy the stronger forms of Retinoids with a prescription from the best cosmetic dermatologist for skin pigmentation.

## 4 – Chemical Peels

Chemical peel is another excellent treatment option for Hyperpigmentation. Chemical peels contain acids that remove the upper skin layers which have pigmentation marks. At an affordable [Hyperpigmentation treatment cost in Hyderabad](#), you can also choose stronger chemical peels that penetrate to the lower skin layers for more thorough skin treatment. Chemical peels at the hands of the best cosmetic dermatologist for skin pigmentation can successfully treat age spots, melasma, sun damaged skin and smoothes spotty skin.

## 5 – Skin resurfacing

Also called as a Laser Peel, the skin resurfacing treatment is an innovative and effective skin lightening solution. Choosing laser skin pigment removal treatment in Hyderabad ensures smooth, spot-free skin tone for a longer period of time.

Ablative and non-Ablative laser skin pigmentation treatment in Hyderabad use varying intensities of laser beams to remove the damaged, upper layers of the skin. They are also successful in enhancing growth of collagen and help to remove small wrinkles by tightening the skin.

## 6 – Intense Pulse Light (IPL) therapy

Intense pulse light therapy is a non-ablative form of laser skin pigment removal treatment in Hyderabad. It is popular as photo-facial and helps by stimulating growth of collagen in the skin. This Hyperpigmentation treatment method is extremely successful to treat flat spots. In addition, when you choose to undergo IPL therapy at the best medical cosmetologist for skin pigmentation treatment then it effectively treats enlarged pores, spider veins and wrinkles on the skin as well.

## 7 – Microdermabrasion

Microdermabrasion is another excellent skin treatment offered by the best Hyperpigmentation treatment clinic in Hyderabad. This is effective for treating superficial scarring on the skin. It involves using a handheld tool with a tiny wire brush or similar abrasive attachment at one end. The abrasive tool is gently brushed across the area affected by Hyperpigmentation. This

removes the upper, damaged layer of the skin and gives you smooth, clear skin successfully.

## 8 – Dermabrasion

Similar to Microdermabrasion, the Dermabrasion technique is provided at an affordable Hyperpigmentation treatment cost in Hyderabad. It works by removing several of the top, damaged skin layers.

This is an excellent treatment to get rid of not only spots on the skin but also to remove wrinkles, acne scars, age spots, injury scars, chickenpox scars and skin damaged by the sun.

For the best results, it is strongly recommended to consult with the top ranked cosmetology clinic in Hyderabad. You can get the most affordable and successful treatment for Hyperpigmentation at the hands of expert and skilled cosmetic dermatologist in the city.