



Rehabilitation Center

Rehabilitation centers are institutions that provide treatment and care for people with mental or physical disabilities. They are usually a part of the social services in the country. Rehabilitation centers have been around since the 1800s and have been evolving with time to keep up with the changing needs of society.

Change Mee Physio Pilates **[Rehabilitation Center](https://physiotherapyatchangemee.com/about-us-2/)** is much more than your next door regular fitness center. Here, we change lives and help people take charge of their lives in the most energizing and healthier way possible through Physio Pilates. We have created a safe place where people can find their way back to good health – with experienced trainers who keep you motivated throughout your journey and state-of-the-art equipment that condition your body to perform better. <https://physiotherapyatchangemee.com/about-us-2/>

