



## Suffering from migraines?

- Belladonna - For sudden, intense migraines with throbbing pain.
- Iris versicolor - Helpful for migraines with nausea and visual disturbances.
- Gelsemium - Suitable for migraines triggered by stress or anticipation.
- Natrum muriaticum - Addresses migraines associated with grief or stress.
- Sanguinaria canadensis - Effective for migraines that begin on the right side and may involve nausea.



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*Homeopathic medicines can help!*

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