



Does prayer really work?

PRAYER:

God's You explore the meaning of prayer. One of the oldest human traditions, prayer, is being practiced today. Prayer may be a potent technique to connect with your higher self and become closer to yourself, whether you're a Christian, Muslim, Hindu, or spiritual person. This article will discuss the value of prayer and provide answers to often asked issues, such as why we should pray, how to pray, and what to do when prayer is ineffective.

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WHY DO WE NEED TO PRAY?

Prayers are frequently used to show appreciation for blessings and other good elements of one's life.

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Recognise the significance of prayer:

You can communicate with God, yourself, and the cosmos through praying. It entails talking to your higher self. You can learn more about your inner nature via prayer.

Because [prayer connects you with God](#), it makes a positive impact on your life by bringing clarity and tranquilly. Daily prayer helps us to relax, be happy, and think positively. We are able to accomplish our objectives because of our spiritual growth.