



Connect using your infant everyday!

[pregnancy_app](#)

Expecting - pregnancy affirmations & tools that will relax, excite, reassure, guide, calm you and make you happier. Your being pregnant is magical and "Expecting" will help you get through your being pregnant in a more relaxed and positive way by a personalized approach and affirmations.

[I'm expecting_app](#)

Please find the apps here:

Android: <https://play.google.com/store/apps/details?id=com.leverageiq.anticipating>

iOS: <https://itunes.apple.com/us/app/expecting-positive-pregnancy/id1257050614?mt=8>

Youtube explainer video: <https://www.youtube.com/watch?v=yeSwXAmrDI4>

KEY FEATURES / WHAT TO EXPECT?

- ? pregnancy affirmations to reassure & guide you
- ? positive being pregnant with daily new meditations and relaxations
- ? Hypnobirthing with our daily mindful affirmations
- ? Birth made easy with a happier pregnancy
- ? Guided pregnancy and pregnancy relaxations
- ? Water birth & delivery? Visualize it with our affirmations
- ? Natural child birth with our affirmations
- ? Record daily and weekly updates on your being pregnant and your baby's development
- ? Being pregnant things & notes easy recorded
- ? Happy pregnancy with receive being pregnant relaxing tips & tools and safe being pregnant information
- ? Being pregnant tracker to record your being pregnant stage, due date progress, due date countdown, information,
- ? Pregnancy weight progress & BMI (log the information)
- ? Calendar to organize and track all things in your pregnancy, from baby bumps to doctor appointment reminders
- ? Register your emotional pregnancy journey forever

MINDFUL Being pregnant AFFIRMATIONS

- ? New pregnancy affirmation for every day of your pregnancy
- ? Prenatal affirmations that will help you relax and concentrate
- ? Expectful as expecting mom and for a peaceful being pregnant
- ? Body confident woman / mom
- ? Natural Mama with a calm and relaxed pregnancy
- ? Hypno birthing ... prepare yourself with meditations and affirmations
- ? Birth made easy with our labor visualization
- ? Prenatal meditations to relax and focus you
- ? Mindful labor with affirmations
- ? Labor meditations / affirmations
- ? Delivery visualization & meditations
- ? Breath exercises (coming soon)

Being pregnant TRACKER & TOOLS FOR Anticipating MOMS

- ? Record Due date & countdown & progress
- ? Record daily progress and favorite affirmations
- ? Meditations videos (own YouTube videos coming soon)
- ? Record your Food intake (food safety lookup coming soon)
- ? Log your Medication
- ? Record your pregnancy symptoms
- ? Being pregnant receive
- ? Safe the child kicks (kick counter) in the information
- ? Contraction timer with affirmations and visualization (coming soon)
- ? Labor affirmations to help a safer and faster birth (coming soon)
- ? Mental Health with daily meditations

COMPREHENSIVE Being pregnant TRACKER

Track all this data in your daily calendar entry!

? WEIGHT

- Track your weight progress
- Manage goals for your BMI

? SYMPTOMS

- Log all possible symptoms that you will have expecting

? PRENATAL NUTRITION, VITAMINS & MEDICATIONS

- Track your medications and vitamins for pregnant moms

? MOOD JOURNAL & FEEDBACK

- Log your pregnancy mood day by day
- Change the app along with your moods day by day
- Log your being pregnant feedback

? INFORMATIONS & DOCUMENTS

- Log all your information and symptoms
- Log all being pregnant appointments

? EXERCISE TRACKER

- Stay fit, track your workouts

COMPLETELY PERSONALIZED

- ? Customizable look & feel of the app
- ? Dynamic app timeline to save information & feedback
- ? Record week by week reports on your baby's development
- ? Being pregnant milestone tracking for belly pics, ultrasounds, little one shower & more
- ? Add notes (photos & videos will follow soon) to document special moments as you countdown to your due date!

THE HISTORY & SCIENCE BEHIND Anticipating

Expecting is one of 35 apps designed for and from expecting and experienced moms & dads and their kids.

Being pregnant FEEDBACK FOR Expecting APP

Please contact us with all your views, opinions, critics, suggestions:
android@theexpectingapp.com.

DISCOVER MORE FREE APPS BY Anticipating / LEVERAGE IQ

MAMA: Track development & milestones and save a timeline of memories, also for free!
(coming soon)

SMART Infant: Stimulate infant development, TOP10 parenting app in 85 countries, Google Play Editors Choice