

## Somanassa-Domanassa

---

.....  
 Somanassa: (su+manas+ya)  
 .....

■■ su  
 good or easy (RV.)

■■■■■ manasya  
 - to have in mind (RV. ChUp.)

Lit. to have "good" in mind OR to have "easy" in mind?

.....  
 Domanassa: (daur+manas+ya)  
 .....

■■■■■■■■■■■ daurmanasya [ daur-manasya ] n.

■■■■■ daur  
 Vriddhi of [ dur ] for [ dus ].

■■■■■ dus  
 bad (implying evil ), or difficult , hard.

■■■■■ manasya  
 - to have in mind (RV. ChUp.)

Lit. to have "evil" in mind OR to have "difficult" in mind?

---

“Bhikkhus, to whatever extent I wish, with the abandoning of pleasure and pain, and with the previous passing away of [goodness?]/(easiness?) and [evilness?]/(difficultness?), I enter and dwell in the fourth jhāna, which is neither painful nor pleasant and includes the purification of mindfulness by equanimity.

*Ahaṃ, bhikkhave, yāvadeva ākaṅkhāmi sukhasa ca pahānā dukkhasa ca pahānā pubbeva somanassadomanassānaṃ atthaṅgamā adukkhamasukhaṃ upekkhāsatipārisuddhiṃ catutthaṃ jhānaṃ upasampajja viharāmi.*