

breast augmentation

The breast augmentation procedure is the one that enlarges how big is the breasts area and improves the look of them as well. Since the name implies, it is a breast surgery that provides more volume to the breasts and it is possibly the most requested cosmetic procedure worldwide. This surgery is also referred to as Augmentation of mammoplasty or Breast enhancement. [sydney](#)

Who can get a breast Augmentation?

The process is indicated for patients who wish to improve the look and volume of the breasts. Patients who have had a pregnancy or naturally have small breasts, are perfect candidates for Breast Augmentation. Patients must have a great all around health and realistic expectations to be considered as ideal candidates with this procedure. Should you feel you are not satisfied with the size or shape of your breasts, this surgery might be perfect for you.

So what can you Expect from a Breast Augmentation?

You can expect excellent results from this sort of procedure. Breast augmentation is a procedure that's been improving its techniques although the years. Patients who receive Breast Augmentation, experience a marked improvement in many areas of their lives. The sense of beauty is closely related to self-esteem. Breasts are one of many elements of the female body more laden with symbolism, so getting the desired appearance of your breasts can have a very positive effect in your self-esteem.

Consultation Process

The consultation is the perfect area for patient-doctor communication. The individual should discuss their expectations about the Breast Augmentation through the consultation whilst the surgeon will advise through the entire process. The doctor can help the individual choose the desired size of their breasts, taking into account the anatomy of the individual and the characteristics of their breasts. The doctor may also help the individual choose the breast implants that'll be placed.

The surgeon must make certain that the individual is familiar with the Breast Augmentation procedure and which they understand all previous recommendations they should consider before surgery which play a key role in the success of the process.

Technique and protocol

Each patient is different so, through the consultation, the surgeon is likely to make a personalized assessment in order to find the most appropriate Breast Augmentation technique. Broadly speaking, the surgeon is likely to make an incision to enter the breast tissue. After the incision, the surgeon creates a place within the breast, called the Pocket, to attain a great fit of the prosthesis.

The incision, depending on the characteristics of the individual, can be across the areola or in the reduced fold of the breast or armpit. In the case of saline implants, the surgeon inserts the implant and then fills them with saline water. Silicone implants are pre-filled up with a cohesive silicone gel, so the surgeon simply inserts the implants with the desired volume. This procedure is generally performed under general anesthesia. [breast augmentation sydney](#)

Kinds of Breast Implants

The manufacturing of silicone implants has evolved greatly, differing significantly from the old silicone implants. The fluid that fills the silicone bags is a cohesive gel (thicker than the old ones) that minimizes the danger of breakage. Currently, silicone implants are approved by the F.D.A for use in the United States and are subjected to rigorous quality testing. Of course, silicone is not only useful for breast implants but is also present in numerous medical devices such as coronary valves, artificial joints, etc.