



Essay Writers - Brighten Your Thesis With Reverse Values

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The first time I taught VALUES in a writing class, I told my students to visit home and jot down as numerous strong experiences because they could think of within their lives. Next to each, they were to create out a strong reversal that was closely related to each strongly positive or strongly negative experience and according to further experiences using their lives or in the lives of people they personally knew.

I provided several examples around the white board so that they would be sure to understand, and we discussed those a little. And that I explained the assignment ended up being to help them identify material they might talk about in the several types of essays they would be completing throughout the course of the category. They appeared to 'get it.'

However, prior to the next class period, two unhappy students found see me. They were having problems finding values within their lives that they could reverse.

The very first student, Jared, stood before my desk and said, 'I don't see that which you mean by good and bad values within my life. I suppose I've got a stable but boring life,' he laughed.

I laughed, too, and responded, 'Well, how are your experiences, your relationships, at home? What are the values-really positive, really negative? Just so-so, absolutely nothing to brag about or complain about?'

'Just so-so, I suppose. We get along okay, actually. No real problems. Nothing really wonderful, either, I guess.'

I chuckled and said, 'Okay, I understand that which you mean. How about your health? How's that? Great shape, bad shape-what?'

Jared offered, 'Well, my health's okay, too, I guess.' He paused. 'There is a thing, though.' He looked down at his feet. 'I've got diabetes, but it's in check. I eat right and take my insulin in the right times. No big deal.'

I smiled and replied, 'I think you may have something to create about there, Jared. How do we think many people take a look at or view or value diabetes, what are their overall expectations about diabetes-do they view it positively or negatively?'

He looked off into the distance, the window, and said, 'Actually, my buddies kid me about all of the great food I can't eat any more, like hot fudge sundaes. But, you know what?' Jared seemed a little defensive, and he got a bit animated and energetic at this point. 'Because I watch things i eat, I eat much better than they do, and that i take care of myself due to my diabetes. In twenty years, I betcha I'll be in far better shape than they will be in!'

'Bingo! You have it, Jared! While most people see diabetes like a very negative value and also have negative expectations about it, you value it as being an event that makes you discipline yourself so you take better care of the body, and you'll be best in the long run for this!'

'Actually, since I believe about this, it's paying down within the short-run, too, Mr. Drew. I'm already in better shape than my buddies. They eat all kinds of unhealthy foods, and they stuff themselves when they shouldn't.'

'Okay, then! You have your thesis for your first essay within our class, a cause-and-effect paper-now go write down more strong values with strong reverses!' Grinning, Jared left.

The second student, Pamela, started off in the same negative way: 'I guess I've got a do-nothing life, Mr. Drew. I'm not sure what to do with this assignment,' she said inside a monotone, looking at her feet.

'Well, Pamela, once we showed on the board at school, just write down some positive stuff you feel strongly about and a few negative things you feel strongly about. After which write down reverses next to them.' I motioned to the chair beside my desk, and she sat down.

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'What positive things? Since my parents got divorced eight months ago, nothing's been positive,' she mumbled, dull-eyed, staring downward.