



1-(802)-557-0358 how to pause bitdefender

bitdefender 24/7 Support Number +1-(802)-557-0358. To pause Bitdefender, open the Bitdefender interface, go to the Protection section, and turn off the desired module like Bitdefender Shield under Antivirus. You can select a duration, such as "Until system restart" or a set time, and click OK to confirm. You can also disable other features like the firewall and VPN through the same menu.